

# Benefit Guide Summary Options

This document includes a series of benefit guide summaries for consideration.

OPTION 1: FULL	2
OPTION 2: MEDIUM	3
OPTION 3: SHORT	2



## **Option 1: Full**

### **Genomic Life**

**Genomics-Based Healthcare Navigation:** Everyone has a lifetime risk of common diseases like cancer and cardiovascular disease as well as less common health conditions that can be prevented or treated if diagnosed early. Those risks are impacted by your lifestyle choices and the genetics you inherit from your parents.

Genomic Life can help you and your care team identify risks early and better personalize prevention, diagnosis, and treatment based on your genetics, health, and family history.

#### **Essential Genomics**

While traditional healthcare focuses on treating disease after it happens, our Essential Genomics program offers genetic screenings to identify increased health risks before disease happens.

Based on your genetics, you will receive suggested actions and follow-up to help you and your care team optimize your health.

- Access to a suite of genetic screenings
  - Genetic health screen
  - Pharmacogenomics
  - o Carrier screening
- · Personalized actions based on test results
- Ongoing member support
- Genetic counseling

#### **Precision Cancer Genomics**

Provides you personalized cancer navigation and support to help guide you through your cancer journey alongside your existing care team.

If you are newly diagnosed with cancer, are a cancer survivor, or have significant family risk of cancer, you have access to features such as:

- A dedicated cancer navigator
- Informed decision-making support
- Coordination of care
- Ongoing patient advocacy and caregiver support
- Tumor genomic profiling as needed
- Diagnostic inherited cancer panel
- Expert pathology review as needed



# **Option 2: Medium**

### **Genomic Life**

#### **Genomics-Based Healthcare Navigation**

Everyone has a lifetime risk of common diseases like cancer and cardiovascular disease as well as less common health conditions that can be prevented or treated if diagnosed early. Those risks are impacted by your lifestyle choices and the genetics you inherit from your parents.

Genomic Life can help you and your care team identify risks early and better personalize prevention, diagnosis, and treatment based on your genetics, health, and family history.

**Essential Genomics:** While traditional healthcare focuses on treating disease after it happens, our Essential Genomics program offers genetic screenings to identify increased health risks before disease happens. Based on your genetics, you will receive suggested actions and follow-up to help you and your care team optimize your health.

**Precision Cancer Genomics:** Provides you personalized cancer navigation and support to help guide you through your cancer journey alongside your existing care team. If you are newly diagnosed with cancer, are a cancer survivor, or have significant family risk of cancer, you have access to features such as a dedicated cancer navigator, ongoing patient advocacy and caregiver support, coordination of care, tumor genomic profiling as needed, diagnostic inherited cancer panel, and more.



# **Option 3: Short**

### **Genomic Life**

**Genomics-Based Healthcare Navigation:** Everyone has a lifetime risk of common diseases like cancer and cardiovascular disease as well as less common health conditions that can be prevented or treated if diagnosed early. Genomic Life can help identify risks early and better personalize prevention, diagnosis, and treatment based on your genetics, health, and family history.

Our **Essential Genomics** program offers genetic screenings to identify increased health risks before disease happens and suggested actions and follow-up to help you and your care team optimize your health. Our **Precision Cancer Genomics** program provides those newly diagnosed with cancer, are a cancer survivor, or have significant family risk of cancer with a dedicated cancer navigator, personalized support, and genomic resources for managing cancer, in coordination with your existing care team.