

## Genomics-Based Healthcare Navigation

Everyone has a lifetime risk of common diseases like cancer and cardiovascular disease as well as less common health conditions that can be prevented or treated if diagnosed early. Those risks are impacted by your lifestyle choices and the genetics you inherit from your parents.

Genomic Life can help you and your care team identify risks early and better personalize prevention, diagnosis, and treatment based on your genetics, health, and family history.

### Essential Genomics

While traditional healthcare focuses on treating disease after it happens, our Essential Genomics program offers genetic screenings to identify increased health risks before disease happens.

Based on your genetics, you will receive suggested actions and follow-up to help you and your care team optimize your health.

- Access to a suite of genetic screenings
  - Genetic health screen
  - Pharmacogenomics
  - Carrier screening
- Personalized actions based on test results
- Ongoing member support
- Genetic counseling

### How It Works

1. Access our secure platform for recommended genetic screening tests
2. Provide a saliva sample from the comfort of your home
3. Receive your results, share them with your care team, and connect with our navigation team

### Precision Cancer Genomics

Provides you personalized cancer navigation and support to help guide you through your cancer journey alongside your existing care team.

If you are newly diagnosed with cancer, are a cancer survivor, or have significant family risk of cancer, you have access to features such as:

- A dedicated cancer navigator
- Informed decision-making support
- Coordination of care
- Ongoing patient advocacy and caregiver support
- Tumor genomic profiling as needed
- Diagnostic inherited cancer panel
- Expert pathology review as needed

### How It Works

1. Report your cancer diagnosis and meet with your dedicated cancer navigator
2. Receive personalized recommendations tailored just for you
3. Have continuous access to tailored support and resources at every stage of your journey

# 1 in 6

Roughly 1 in 6 people carry a genetic change that increases their risk for diseases that have medical interventions available<sup>1</sup>

# 50%

50% of cancers are thought to be preventable by lifestyle changes<sup>2</sup>

# 99%

Breast cancer, when detected at an early stage, has a 99% survival rate in the first five years<sup>3</sup>